

SERVICES





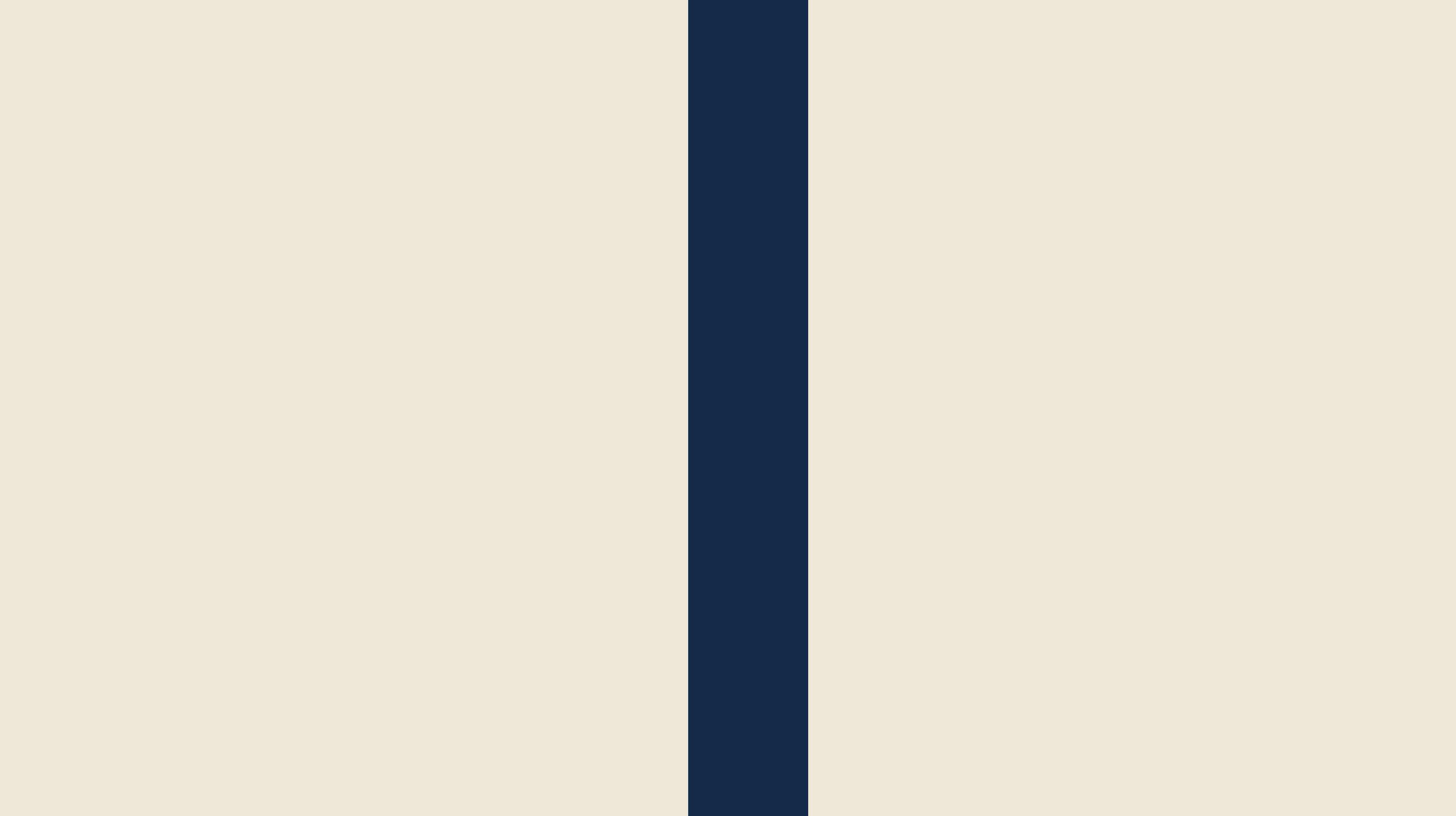
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HI'IAKA HEALTH
REGENERATIVE WELLNESS CENTER



Your Path to Self Healing,
Powered by Science,
for Lasting Vitality & Longevity

The HI'iaka Approach



The HI'iaka Rejuvenique Approach



Embark on a journey to restore and enhance your vitality and health, unlocking the secret to a longer, more vibrant life. We approach aging as a condition that can be treated, using the power of cellular regeneration and stem cell technology to maintain your health and youthfulness as time passes.



Our unique treatments combine stem cell technology, ozone therapy, nutrition, lifestyle adjustments, and advanced IV therapy, all alongside holistic wellness practices, to help you achieve a longer, more fulfilling life.



As part of our comprehensive approach, we also offer top-tier medical aesthetics to complement your internal rejuvenation, providing advanced skin care treatments and age-defying procedures to help you look as vibrant on the outside as you feel on the inside.



The Vision

Our Philosophy

“True success is defined by our ability to positively impact and transform the lives of our clients.

With advancements in stem cell technology, we stand at the brink of a future where we can move beyond traditional conventional medicine.

Driving this progress is not just our goal, but our passion.”

Dr. Laura Burns

Dr. Laura Burns DFM, APRN FNP-BC PhD

Approach The HI'iaka Approach

HI'iaka provides a comprehensive medical program that includes a series of steps, beginning with an initial assessment and continuing through follow-up visits.



At HI'iaka, we take pride in being able to provide our clients with cutting-edge regenerative therapies that were developed by scientists and medical experts through decades of research and development.

Regenerative Medicine

Our Transformational Treatments

Regenerative medicine is an advanced form of cellular therapy that utilizes cutting-edge techniques, including stem cell technology, to harness the body's own cells for repair and healing.

Our tailored treatments harness the body's natural ability to repair DNA damage, combat disease, and slow the aging process, while also boosting performance, vitality, and promoting long-term health and longevity.



Stem Cell Technology



What are Stem Cells & Exosomes?

Stem cells have the unique ability to develop into specialized cell types that help repair damaged tissues. Exosomes are tiny, powerful vesicles released by stem cells that carry vital bioactive materials that facilitate cell-to-cell communication, playing a crucial role in reducing inflammation, accelerating repair, and enhancing regeneration.

By using both stem cells and exosomes in our treatments, we offer a synergistic approach that promotes faster healing, improved cellular function, and overall revitalization—supporting your body from the inside out. Our cutting-edge wellness programs harness the combined power of stem cell technology to activate the body's natural healing and rejuvenation processes.

Regenerative Programs

At HI'iaka Health, we offer a range of specialized programs tailored to address specific conditions and health goals, utilizing cutting-edge stem-cell technology and holistic modalities to activate the body's natural healing processes. Our tailor-made programs combine unmatched luxury with innovative science, designed to reverse biological aging and rejuvenate both body and mind. Together, we can help you select the perfect transformational program to meet your health and wellness goals.



Integrative Medicine



At HI'iaka, we offer a comprehensive approach to discovering your health concerns through physical exams that include a thorough medical history, in-depth lab testing, and a combination of conventional, functional, and genetic assessments to build a complete profile of your body's unique needs.



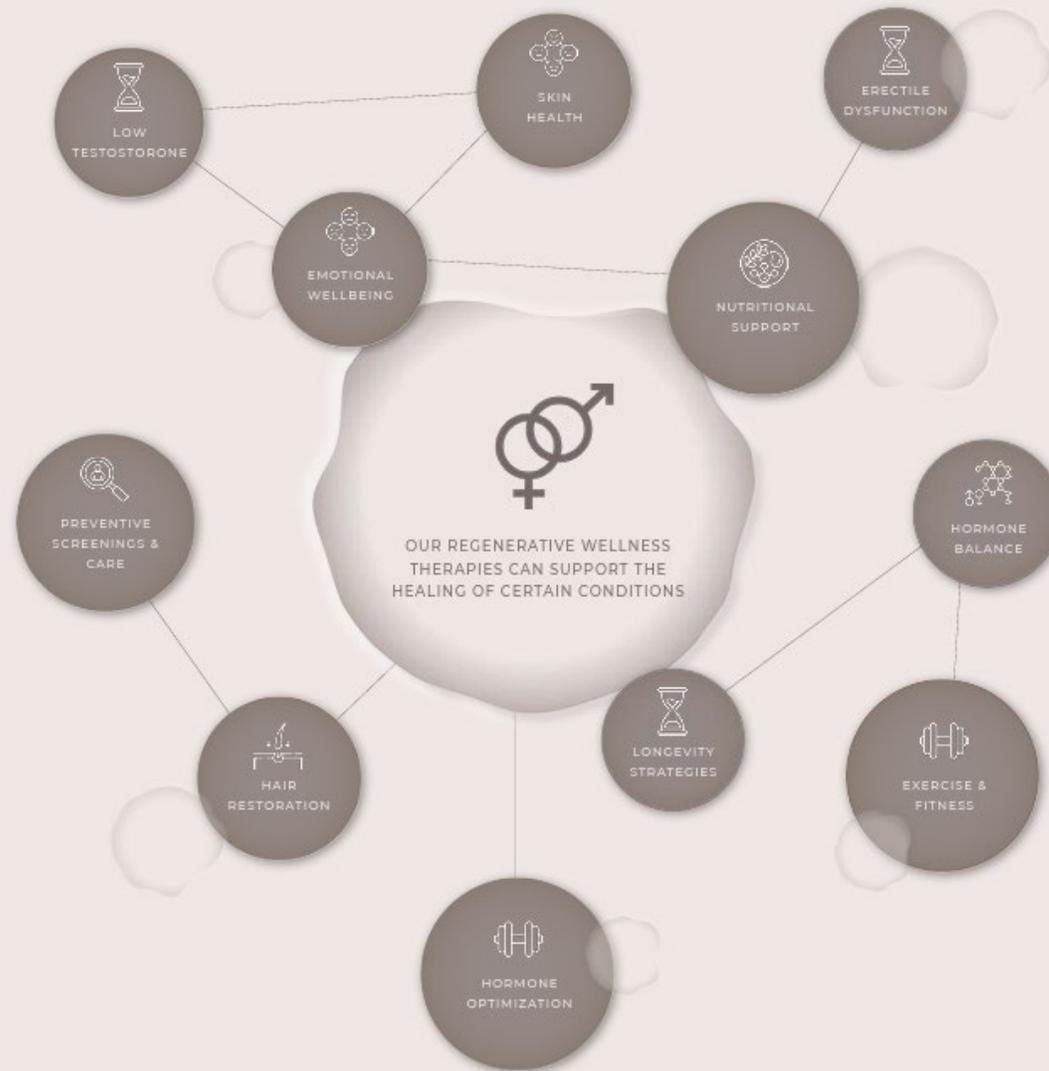
Our approach goes beyond merely addressing symptoms—we focus on uncovering the root causes of your health concerns. With a commitment to treat you as a whole person, our doctors combine extensive medical experience with contemporary scientific knowledge, offering a balanced approach that integrates holistic methods with evidence-based medicine.



Empowering self-healing through nutritional therapy, reducing reliance on prescription medications. Addressing both physical and mental health issues by treating the body and mind. Managing chronic conditions without the potential side effects of traditional medicines. Preventing diseases and improving lifestyle for long-term well-being.

Men & Women Health

As men and women age, maintaining health and vitality becomes essential. Our approach to anti-aging wellness includes personalized treatments and guidance to help optimize well-being. Preventive strategies designed to support healthy aging and sustain a youthful lifestyle.

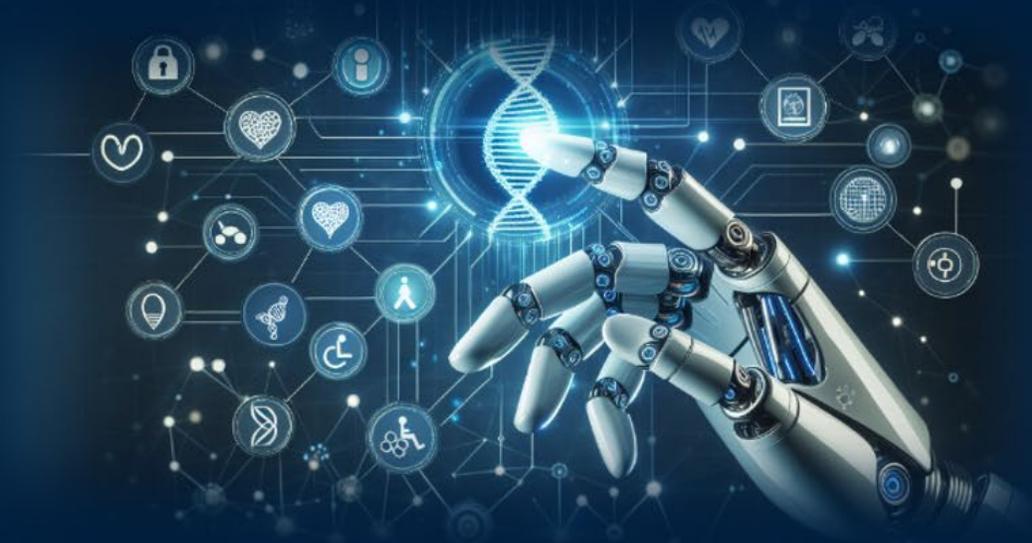


Diagnostic & Genetic Lab Testing

At HI'iaka Health, we offer a comprehensive range of diagnostic testing, from genetic analysis and advanced biomarkers to microbiome assessments. This allows us to tailor your treatments precisely to your unique body's needs and specifications, ensuring the most effective and personalized care. Our approach ensures that every aspect of your health is addressed for optimal results.

TESTING OPTIONS

- Comprehensive Health Screening
- Advanced Biomarker Screening
- Micronutrient Blood Testing
- Genetic DNA Testing
- Microbiome Gut Health Testing



IV Vitamin Drips

Our carefully curated selection of IV drips are designed to support a wide range of health and wellness objectives. Choose the one that aligns with your needs and enjoy a fully personalized experience tailored to help you feel your best or take your therapy to the next level: Genetic testing to custom tailor treatments to your exact body needs.



IV Therapy on Yacht



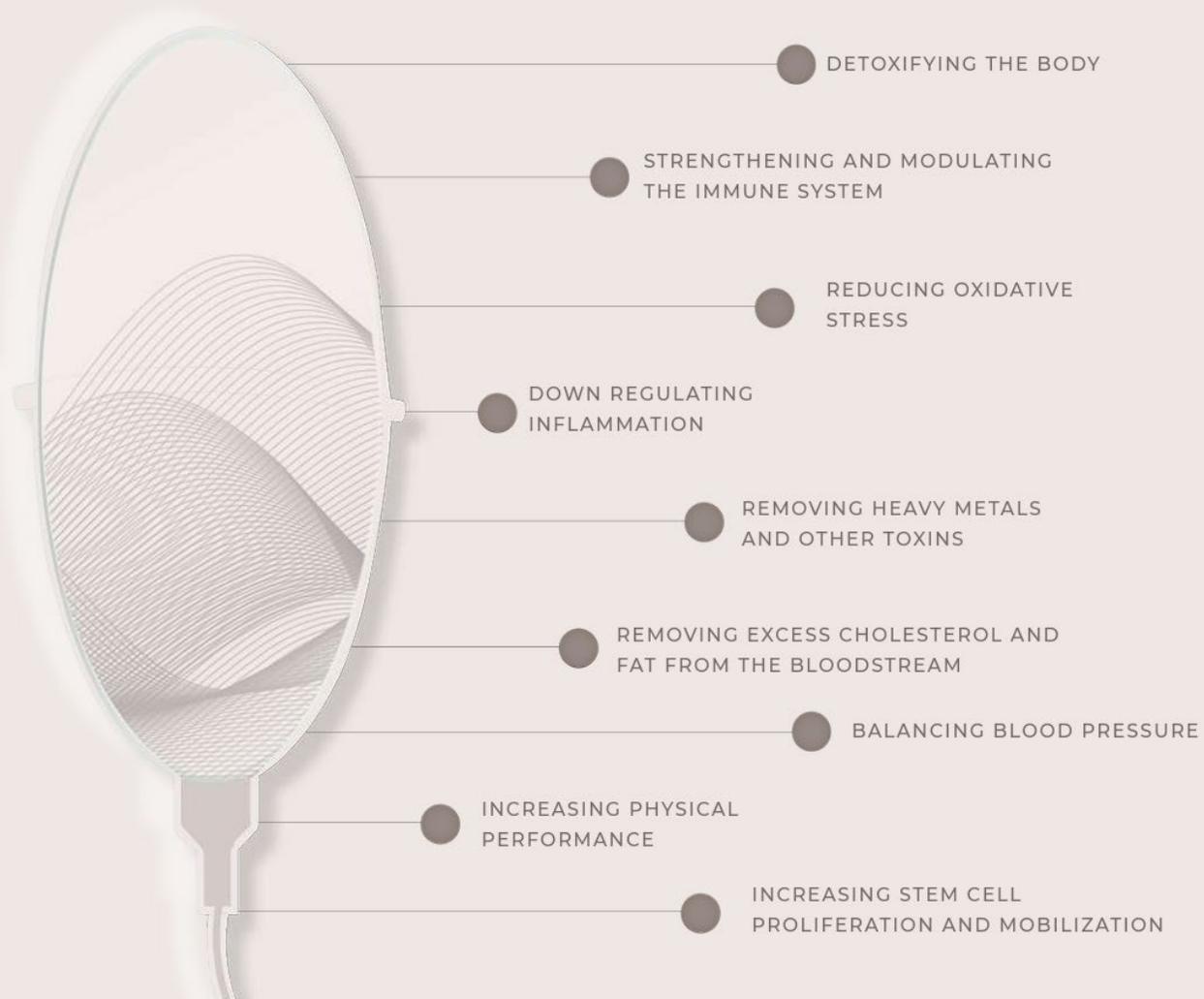
IV Ocean Therapy: Dive into luxury with a one-of-a-kind holistic wellness experience. Set sail aboard our vessel, Ocean Therapy, cruising the crystal-clear waters of Waikiki, soaking in the vitamin sea, and enjoying an unforgettable cruise, snorkeling, or scuba diving adventure.

After your aquatic exploration, unwind with an exclusive IV therapy treatment, accompanied by soothing music and aromatherapy, for a complete mind, body, and spirit rejuvenation. Experience the perfect blend of relaxation, adventure, and wellness.

Ozone Therapy



Benefits Ozone Therapy



Ozone therapy is a regenerative treatment that activates the body's natural immune response to initiate the healing process. At HI'iaka, we use the world's most advanced technology and science-based protocols, focusing on treating the entire circulatory system, not just a small portion of the blood. This world-class therapy is ideal for enhancing physical performance, restoring balance, boosting immune function, and improving overall defense capacity. It's beneficial for both healthy individuals and those dealing with various health concerns.

Sports Medicine



Sports medicine has shifted from reactive treatments that often relied on anti-inflammatory medications and injectable corticosteroids—both of which carried potential long-term health risks for athletes—to a more proactive approach.

In our approach, the focus is on optimizing endurance, stamina, and injury recovery through regenerative medicine and holistic treatment methods.

At HI'iaka, we offer customized treatment plans tailored to each patient's specific needs and goals. These plans integrate advanced therapies such as stem cells technology, ozone therapy, and platelet-rich plasma (PRP) therapy.

Chronic Back & Neck Pain Treatment



At HI'iaka, we are the exclusive provider certified to treat in the Hawaiian Islands the DISCSEEL® Procedure which is the only minimally invasive, outpatient treatment with fast recovery times that promotes the regeneration and **permanent** healing of spinal discs to alleviate low back pain, sciatica, neck pain, and radiculopathy.

This procedure uses FDA-approved Fibrin, a natural biologic that heals and seals discs in the same way it repairs skin, followed by stem cell technology to reduce surrounding inflammation.

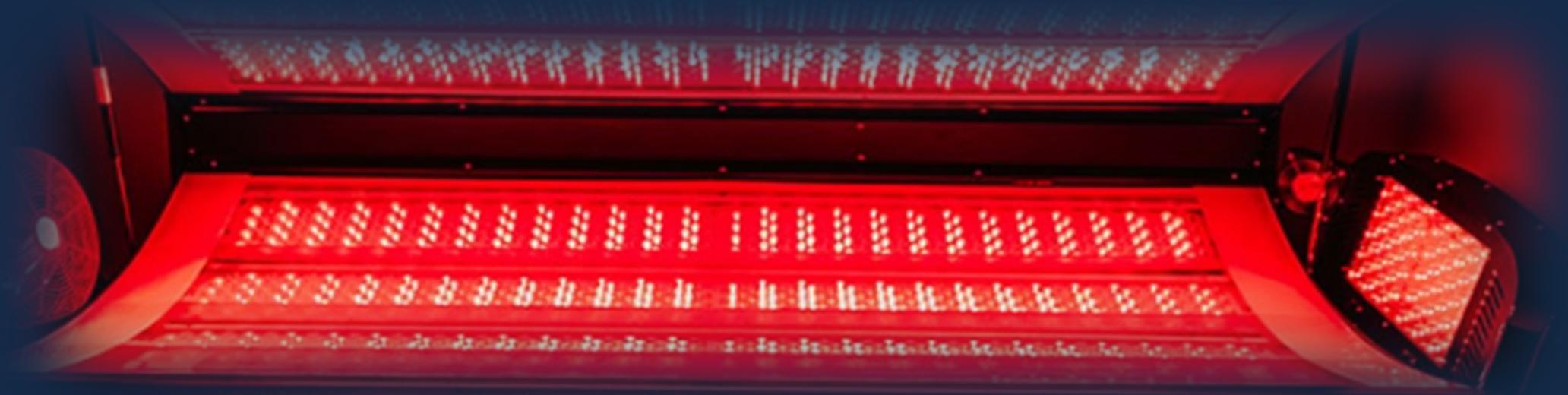
Benefits of DISCSEEL® vs. Back Surgery for Chronic Neck and Back Pain:

- **Minimally invasive:** No surgery, incisions, or long recovery time.
- **Preserves spinal function:** Maintains natural movement, unlike fusion surgery.
- **Fewer complications:** Lower risk of infection, blood loss, or nerve damage.
- **Faster recovery:** Quick return to normal activities.
- **Targets root cause:** Directly heals damaged discs, not just symptoms.
- **Long-term relief:** Reduces or eliminates need for pain medications.
- **Fewer side effects:** Regenerative healing with fewer long-term risks.
- **Prevents disability:** Avoids long-term mobility issues and disability from surgery.

Regenerative Wellness

Our Treatments

We combine cutting-edge scientific techniques in cellular regenerative medicine with holistic approaches to support the body, mind, and spirit. Our mission is to help patients restore harmony between their vital life force and nature, fostering optimal well-being.



Red Light Therapy

Photobiomodulation, also known as red light therapy, uses specific wavelengths of light to stimulate cellular healing and promote overall wellness. This non-invasive therapy helps reduce inflammation, improve circulation, and enhance tissue repair, contributing to faster recovery and better overall health.

Benefits of Photobiomodulation (Red Light Therapy):

- **Reduces inflammation:** Helps to decrease inflammation and pain in targeted areas.
- **Improves circulation:** Enhances blood flow, which accelerates healing and tissue repair.
- **Boosts collagen production:** Supports skin health by stimulating collagen synthesis.
- **Promotes muscle recovery:** Speeds up recovery after workouts or injury by reducing muscle soreness.
- **Enhances cellular energy:** Stimulates mitochondrial function, increasing overall energy levels and vitality.

Hyperbaric Oxygen Therapy



Hyperbaric therapy involves breathing pure oxygen in a pressurized environment, which accelerates the body's healing process and boosts overall health.

It helps improve circulation, reduce inflammation, enhance tissue repair, and increase oxygen delivery to vital organs, promoting faster recovery and enhanced performance.





Magnetism



Oxygen



Light

Powerhouse Protocol WHAT IS THE POWERHOUSE PROTOCOL?

A perfectly formulated program that enhances each therapy to optimize health and wellness. This dynamic protocol combines PEMF (Pulsed Electromagnetic Fields), Exercise with Oxygen Therapy (EWOT), and Photo Biomodulation Therapy (PBMT), also known as Red Light Therapy.

PEMF boosts cellular function and revitalizes weak cells through Extremely Low Frequency programs that align with the body's natural frequencies. EWOT involves breathing higher concentrations of oxygen during exercise, improving performance and recovery. Red Light Therapy accelerates skin repair, heals muscles, tendons, bones, and nerves, while reducing inflammation and relieving pain.

Medical Aesthetics

Our Treatments

At HI'iaka, our highly experienced and certified aestheticians are dedicated to providing top-tier medical aesthetics, offering personalized treatments that enhance your face, neck, body, skin, and hair, using the latest techniques and cutting-edge technologies to help you look and feel your absolute best.

Discover a world of transformational possibilities at HI'iaka



Botox

Botox injections are the most widely used non-surgical procedure globally for addressing signs of aging. They work by relaxing the muscles, which helps to smooth out wrinkles and lines caused by repetitive muscle movements (dynamic wrinkles).

Dermal Fillers

Injectable dermal fillers are soft, gel-based substances designed to restore lost volume, tighten the skin, and reduce signs of aging. This minimally invasive procedure helps replace volume that has been lost due to aging or weight loss, reshapes contours, and enhances proportions, resulting in a smoother, more youthful appearance. While most commonly used on the face, dermal fillers can also be applied for hand rejuvenation and in other body areas like the buttocks or calves.

Skinboosters

Skinboosters are tiny injections of a natural, gel-like substance called hyaluronic acid, which is delivered into the skin. The treatment involves several injections to deeply hydrate the skin, address skin sagging, and boost the production of collagen and elastin.

Stem Cell & Exosome Injections

Stem cell and exosome injections have become promising therapies for skin regeneration and rejuvenation.

Both stem cells and exosomes are used in a variety of cosmetic procedures, such as facial rejuvenation, scar treatment, and skin healing. These can be injected directly or combined with other treatments like microneedling or laser therapy.

Platelet Rich Plasma (PRP)

Platelet Rich Plasma (PRP), often referred to as the vampire facial, uses growth factors from the platelet-rich plasma found in red blood cells. This nutrient-rich plasma is injected into the skin to rejuvenate it, improving its volume, texture, tone, and clarity. Our aesthetician is certified to perform vampire facials, having been trained by the doctor in Beverly Hills who invented the procedure. For enhanced regenerative healing, you can upgrade from PRP to exosomes.

Threadlifting

Thread lifts with Silhouette Soft are a popular method for anti-aging and skin rejuvenation, using temporary sutures to create a noticeable lift. This treatment tightens the skin and delivers natural-looking results while addressing signs of aging. The product selection includes trusted brands like Profhilo and Skinboosters from IBSA Derma and Galderma, known for their long-established safety records.

Biostimulant Fillers

Biostimulant dermal fillers are an injectable treatment designed to enhance and refresh the skin and soft tissues. Unlike traditional fillers that focus on adding volume to specific areas, Biostimulant fillers stimulate the body's natural collagen production, improving the overall quality of the tissue. As collagen is produced over time, it helps to enhance skin texture, elasticity, volume, and firmness, leading to a more youthful and revitalized look. The results can last for an extended period, offering long-term benefits for those seeking a natural, lasting rejuvenation.



Broadband Light Therapy (BBL)

BBL HERO, Forever Young BBL, Forever Clear BBL, and SkinTyte, when combined with a Hydrafacial, use intense pulsed light to give your skin a more vibrant and youthful appearance. The broadband light energy is highly effective in reducing brown spots, age spots, and pigmentation, while also helping to modify cellular DNA linked to aging. Additionally, this treatment works well for improving skin texture and addressing concerns like acne and rosacea.

Radiofrequency Microneedling

Morpheus 8 is the most advanced microneedling treatment combined with radiofrequency technology, designed to lift, tighten, and contour the skin. It works by remodeling subcutaneous fat and tissue, stimulating collagen production, and promoting overall skin rejuvenation.

Skin Tightening

Ultherapy is the only FDA-approved, non-invasive treatment that lifts the neck, chin, and brows, while reducing lines and wrinkles on the upper chest using ultrasound technology. This technique targets the deeper layers of the dermis to stimulate collagen and elastin production, delivering natural-looking results without the need for surgery or downtime.

Laser Skin Resurfacing

MOXI uses fractionated wavelength lasers to enhance the skin's tone and texture with minimal downtime. Its gentle, non-ablative laser effectively addresses pigmentation concerns, uneven texture, wrinkles, and fine lines.



Non-Surgical Hair Restoration

Regenera Activa® is an innovative system that extracts, processes, and delivers stem cells as micrografts to stimulate hair growth in cases of androgenic alopecia. This type of hair loss is caused by hair follicles becoming sensitive to androgens and is the most common form of hair loss, affecting 70% of men and 40% of women at some point in their lives. The treatment is a one-time procedure that provides excellent healing results. Studies show that within 4-6 weeks of the procedure, hair loss decreases, and existing hair follicles, stimulated by the regenerative effects of progenitor cells, begin to produce new hair.

Exosomes

Exosomes are tiny extracellular vesicles that facilitate communication between cells. They contain proteins, lipids, and nucleic acids and have been explored for their potential therapeutic benefits in various conditions, including hair loss. Studies suggest that exosomes derived from stem cells can encourage hair growth by stimulating the proliferation of hair follicle cells and enhancing blood circulation to the scalp.

Platelet Rich Plasma

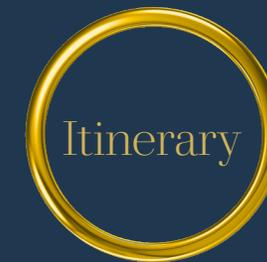
(PRP) utilizes the growth factors found in platelet-rich plasma from red blood cells. This nourishing plasma is injected into the scalp to stimulate hair growth and improve volume.

Mesotherapy

Mesotherapy involves microinjections of minerals, vitamins, and amino acids into the scalp to promote hair growth and increase volume.



Experience unparalleled luxury with HI'iaka's VIP Concierge Services, where we handle every detail of your wellness retreat, ensuring a seamless and extraordinary experience. Inquire about our exclusive services and let us cater to your every need. At HI'iaka, we are committed to providing only the best for our VIP guests, with a comprehensive range of services that guarantee your wellness journey is managed with the utmost care and attention to detail.



Transformative Optimized Wellness



HI'iaka Health is located in the heart of Honolulu's vibrant Kaka'ako district, providing an exclusive experience designed to redefine aging. Crafted by a world-renowned spa designer & medical architects, HI'iaka offers treatments where every detail is meticulously designed to challenge the limits of imagination. We have created a serene and private atmosphere tailored to support our clients' emotional well-being, ensuring a peaceful and relaxing visit.



Contact us to schedule your appointment and begin your transformation today.

Contact Us